

22nd Annual
Children Come First Conference
November 17 and 18, 2011



Kalahari Resort & Convention Center, Wisconsin Dells



Conference Goals

- **Educate:** Present topics that will enhance the knowledge, understanding and skills of parents, administrators, service providers, policymakers and community leaders.
- **Develop Leadership:** Through keynotes and workshops, articulate a vision of service systems that are effective, efficient and oriented to the needs of children and families.
- **Motivate:** Inspire others to join in advocating for improved services for children with mental, emotional or behavioral disorders.
- **Build Relationships:** Build new and stronger connections between all who are interested in the mental health of our children.

Program Schedule *at a glance*

Thursday, November 17, 2011

7:30-8:30 a.m.	Continental breakfast Registration: youth and adult track
8:30 -10:30 a.m.	Opening Celebration with Suzy Favor Hamilton and Figureheads
10:30-10:45 a.m.	Break
10:45 a.m.-5:00 p.m.	Youth Track - see schedule on page 3
10:45 a.m.-12:00 p.m.	Session A Workshops
12:00 p.m.-12:45 p.m.	LUNCH and awards presentation
12:45-1:45 p.m.	Keynote: John Franz
1:45-2:00 p.m.	Break
2:00-3:15 p.m.	Session B Workshops
3:15-3:30 p.m.	Break (with snack)
3:30-4:45 p.m.	Session C Workshops
4:45 p.m.	Adult workshops conclude
5:00 p.m.	Youth Track concludes Parents, please pick up your children Dinner on your own. Enjoy your evening!

Please remember to complete and return your evaluations for a chance to win door prizes!

Friday, November 18, 2011

7:15-8:15 a.m.	Breakfast and registration
8:15-8:30 a.m.	Opening remarks
8:30-9:30 a.m.	Keynote: Mark Sweet
9:30-9:45 a.m.	Break
9:45-11:00 a.m.	Session D Workshops
11:00-11:15 a.m.	Break (with snack)
11:15 a.m.-12:30 p.m.	Session E Workshops
12:30 p.m.	Youth Track concludes
12:45-2:30	LUNCH, awards presentation, youth showcase, prize drawings, closing remarks

Please remember to complete and return your evaluations for a chance to win door prizes!

General Conference Information

Who Should Attend: Anyone caring for, working with or interested in the wellbeing of children with mental, emotional or behavioral disorders and their families.

Conference Registration: Use the Registration Form on page 7. Return your completed registration and payment to Wisconsin Family Ties, 16 N. Carroll Street, Suite 230, Madison, WI 53703. You can also register online or download a registration form from the web at www.wifamilyties.org.

Conference Cancellation Policy: Conference registration fee minus a \$50 admin fee per adult registration will be refunded if cancellation is made by Friday, November 11th. No exception.

Hotel Reservations: You are responsible for making your own hotel reservations. Call the Kalahari Resort at 877-254-5466 and tell them that you are part of the Children Come First Conference. You must call by Friday, October 28th to get the reduced room rate.

Single room is \$70.00/night; 2 - 4 people in a room is \$119.00/night.

Each additional person (beyond 4) is \$20.00 per person.

Important Things to Know

Accommodations: Call 608.267.6800 by Friday, October 21st if you need special accommodations.

CEUs: Continuing Education Units (CEUs) through UW Extension are available for this event. TOTAL CEUs/Contact Hours for this event: 1.05 and 10.5 contact hours. They are a means of recognizing and recording satisfactory participation in non-degree programs. One CEU is awarded for each 10 contact hours (or equivalent) in an organized continuing education experience.

UW Extension will be offering CEUs that fulfill continuing education requirements for many professionals, agencies, and organizations. Professional associations may have specific licensing requirements.

There is a \$15 processing fee, separate of conference registration and payable to "UW-La Crosse," charged for those that need this type of documentation. CEU requests/payments will be taken at time of conference registration/check-in only.

Possible Financial Aid: Please visit our website: www.wifamilyties.org to see a list of organizations that may be able to help fund your conference participation. Please note that these are not guaranteed - you must contact these sources on your own.

Workshop Cancellations: CCF Planning Committee reserves the right to cancel, substitute presenters and/or reschedule due to unforeseen circumstances.

Childcare: Children must be supervised at all times. The CCF conference does not provide childcare or programming for children under the age of six (6).

For General Conference Questions please contact WFT staff at 608.267.6888 or toll free at 800.422.7145, or visit us online at www.wifamilyties.org.



PC's Place

PC's Place – Back again this year!

Sessions and topics dedicated to Parents and Caregivers

A corner of the conference has been carved out especially for Parents and Caregivers (PC's Place) to drop in for a "time out." Come join us at PC's Place to put up your feet, relax, recharge and regroup.

Youth Track

Welcome to the Youth Track of the 2011 Children Come First Conference!

Our Youth Track is coordinated by professional staff who supervise the many volunteers working with the kids and teens. The workshop presenters are also area professionals who plan and implement the programming.

This year under the Youth Track we have two distinct programs. First, there is the Kids Track for ages 6-12. New this year is the Teen Track for ages 13-18. Both tracks are full of fun and interactive activities that are creative, hands-on and educational.

The workshops are designed to enhance and/or build skills such as communications, choice-making, taking turns, patience, etc. They are also designed to foster friendships, build teamwork and collaboration, help participants "find their voice" and more!

The Youth Track goals are: 1) Bring youth and adults together to share experiences through engaging activities; 2) make new friends; 3) explore individual strengths and realize our hidden talents; 4) develop new or enhance existing skills; and, finally, 5) to have fun!



Kids Track Workshops include:

- Songwriting with the Figureheads
- Magic Making
- Rhythm Circle Drumming
- Drama & Improv
- Making Art Out of Found Objects
- Cooking

Teens Track Workshops include:

- New Games
- Group Initiatives
- Adventure Based Initiatives
- Skill Building Activities
- Cooking
- Art



Kids and Teens Schedule

Thursday, November 17th

- 7:30 – 8:30 Continental breakfast
- 8:30 – 10:15 Opening Celebration
w/ Suzy Favor-Hamilton & Figureheads
- 10:30 Youth Track begins:
Kids Track – check in at Mangrove
Teen Track – check in at Convention Center front
entrance
- 10:30 – 5:00 Programming

Friday, November 18th

- 7:15 - 8:15 Breakfast
- 8:15 Youth Track begins:
Kids Track – check in at Mangrove
Teen Track – check in at Convention Center front
entrance
- 8:15 – 12:30 Programming
- 12:30 – 1:30 Lunch – with parents
- 1:30 – 2:30 Youth talent sharing & presentations, closing remarks
& prize drawings for everyone in attendance

Kids and Teens Conference Fees

\$100 per youth participant

What You Get

- Two breakfasts
- Two lunches
- Two snacks
- Seasoned facilitators
- Trained volunteers
- The opportunity to participate in creative workshops, and,
- A chance to make new friends, build new skills and have fun while doing it!

Thursday's Opening Celebration

8:30 - 10:30 a.m.

Suzy Favor Hamilton and Figureheads

Three time Wisconsin Olympian Suzy Favor Hamilton will join us in our opening celebration to share her ideas on how Healthy Bodies make for Healthy Minds. Suzy is a 3-time Olympic contender, holds multiple awards for her athletic abilities, and is a UW Alumnus who lives in Madison with her husband and their daughter. Suzy also stays busy sharing the Movin' & Munchin' Schools program with school children across Wisconsin.



Figureheads – made up of emcees Jeremy Bryan and Greg Marshall and electronic producer Dave Olson – will help kick-off the 2011 conference with their award-winning positive hip-hop music for kids of all ages. Recipients of the Parents' Choice Gold Award,

these three hip-hop artists use syncopated beats and funky rhythms to capture children's imaginations and promote positive messages.

Session A

10:45 a.m. - 12:00 p.m.

Kaleidoscope:

A shift in perspective/viewing things through a new lens

1 Ten Things Every Caregiver and Counselor Should Know About Adolescent Alcohol and Other Drug (AOD) Involvement

There are many myths and misconceptions about teens and AOD. Learn the top 10 list of what you should know!

Presenter - Scott Caldwell

2 Rethinking/Reframing the "Non-Compliant" Family

This session challenges system jargon such as "noncompliant," "resistant" and "doesn't follow through," and promotes the wrap-around approach to discover family strengths and needs while emphasizing family-provider partnerships & meaningful outcomes.

Presenter - Dan Naylor

3 AODA & Mental Health Needs of Native Americans

Explore cultural strengths and challenges.

Presenter - Don Rosin

4 Crisis Intervention Team (CIT) for Mental Health Crisis Intervention & Law Enforcement

Learn how CIT training with first responders, including law enforcement, can change the outcomes for persons with mental health disorders.

Presenter - Karen Aspenson

5 Eye Movement Desensitization and Reprocessing (EMDR) Therapy

Explore non-traditional therapeutic interventions for trauma and other mental health disorders.

Presenters - Anne Beal, Mimi Millen

6 Social Security Benefits & Working

SSI Benefits information for transitional age youth; how and when to file for benefits, work incentives and importance of benefit counseling will be explained.

Presenters - Bob Monahan, Connie Davalt

7 Parents & Teachers as Allies An In-service Program for School Professionals

Helping schools and families better understand the early warning signs of mental illness in youth and how to link with services

*Presenters - Patti Sever, David Langer - At PC's Place**

Session B

2:00 p.m. - 3:15 p.m.

Misconceptions:

Misunderstanding

1 Targeted Futures: Sustainable Planning with Transition Age Youth

Illustrates strategies for person-centered planning with young people ages 16-24.

Presenter - John Franz

2 Behavior and School Approach with Emotional Behavioral Disability students

Best practices in working with students who present with challenging behaviors.

Presenter - Liz Kennedy

3 Juvenile Justice & Wraparound: Partnering with Parents as they navigate through Juvenile Justice

Discover how to use wraparound in collaboration with juvenile justice.

Presenters - Gina Caldwell, Kendra Taylor, Heather Bandoli

4 Dialectical Behavior Therapy (DBT)

Learn how DBT leads the individual to discover solutions.

Presenters - Justin Woodward, Michelle Zettle-Bruegger

5 Navigating the Special Education Maze

Demystifying special education for parents and caregivers.

Presenter - Mary Skadahl

6 Psycho-Pharmacology Basics in Child & Adolescent Mental Health

Review the major classes of medications used in treating child & adolescent mental health disorders.

Presenter - Dr. Liz Woods

7 Teens, Parents and Professionals Working Together

Hear about the benefits of collaborating partnerships.

*Presenter - Brian McBride - At PC's Place**

Thursday Keynote

1:00 - 2:00 p.m.

John Franz

John Franz has had the privilege of working with children and families in Wisconsin as a teacher, advocate, trainer and consultant for over forty-years.

In John's keynote entitled, Wraparound and Resiliency, he will focus on the ultimate purpose of the wraparound approach which is to help families with complex needs become more resilient and hopeful. But getting from hello to hope can be a challenging journey. This presentation will illustrate the steps along the way.

Session C

3:30 p.m. - 4:45 p.m.

Beauty Marks:

Look for beauty within the struggle

1 Creating a Culture Change Around Trauma Informed Care

Learn about the core principles to create a culture-based trauma informed care shift in your organization.

Presenter - Deb Zwickey

2 Reaching Youth, How to Talk with Them

Discover strategies to actively engage youth.

Presenter - Steve Dykstra

3 Compassionate Communication

Learn how to positively respond to difficult behaviors to support growth.

Presenters - Deb Hall, Cheri Sylla

4 CANS: Child/Adolescent Needs & Strengths Assessment

What's the buzz behind CANS?

Presenter - Tim Connor

5 Making Connections and Transitions Resources: Necessary Tools for Success for Students with Disabilities

You'll leave this session with concrete solutions, resources and ideas you can use right away!

Presenter - Liz Kennedy

6 Parents Response to Kids Victimization

Learn best responses when your kids have been the victim of trauma incident.

*Presenter - Sharyl Kato - At PC's Place**

Friday, November 18

Friday Keynote

8:30 - 9:30 a.m.

Mark Sweet

Mark Sweet, PhD, is a Trainer and Consultant with Disability Rights Wisconsin. The emphasis of his work is to better understand the point of view of those who receive support.

In his keynote entitled, Creating Safety: She/He Has a Point of View, Mark will examine and discuss how in a culture that values compliance in children, we forget that each child has an individual point of view that merits attention.

Session D

9:45 a.m. - 11:00 a.m.

More to the Story

Behavior/Judgment

1 Understanding His/Her Point of View: Six Questions Worth Asking

These six questions might help you better understand the point of view of the child.

Presenter - Mark Sweet

2 Creating Collaborations to Promote Trauma Sensitive Schools

Discussion on the essential elements to creating a trauma sensitive school environment.

Presenter - Sarah Daniel

3 Adverse Childhood Experience (ACE) Study: Changing the Way We Think About Impairment, Health-Risk Behaviors and Disability

Increase your understanding of the lifelong consequences of child maltreatment and traumatic stressors during childhood.

Presenter - Elizabeth Hudson

4 Youth At the Crossroads: Mentoring That Works

Learn about practical and impactful relationship-based mentoring strategies and tools for youth.

Presenters - Kim Flood, John Givens

5 Forensic Interviewing and the Therapeutic Process

Presenter - Amanda Didier

6 TeleStories: Bringing Stories to Life with Children of All Ages and Abilities

Learn how to have fun with your child through creative play!

Presenter - Edie Baran

7 Taking the Mystery Out of Communicating with Teenagers

Demystify adolescent behavior!

*Presenters - Briarpatch Staff - At PC's Place**

Session E

11:15 a.m. - 12:30 p.m.

Do What

Action Oriented

1 Teens in Transition

Hear from Youth in Transition about what works!

Presenters - Oh Yeah! Program Participants

2 Transition Initiatives

Learn about various initiatives happening statewide to successfully support transition age youth.

Presenter - Linda Maitrejean

3 Wraparound: Do It Yourself or Facilitated? Benefits and Challenges

Presenters - Dan Naylor, Dusty Rogers, Cam O'Brien

4 Restorative Practices: Using Restorative Principles to Build Strong Partnerships

Discover how the basic principles of restorative justice are used with juveniles to resolve conflict, engage non-traditional partners and build strong teams to solve complex challenges faced by youth and their families.

Presenters - Jim Moeser, John Givens

5 Externalizing Disorders in Kids

Learn about presentation, etiology, diagnosis and treatment for disorders like Oppositional Defiant Disorder, Conduct Disorder, ADHD.

Presenter - Katie Schmitt, Jennifer Ebbott

6 IEP Q&A

Bring your child's IEP and one area of concern for a 15min brain storm session with a Parent Peer Specialist! Pre-registration is required as slots are limited!

*Presenter - WFT Parent Peer Specialists – At PC's Place**



Friday Lunch

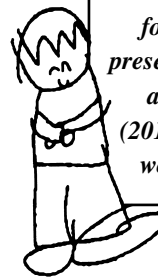
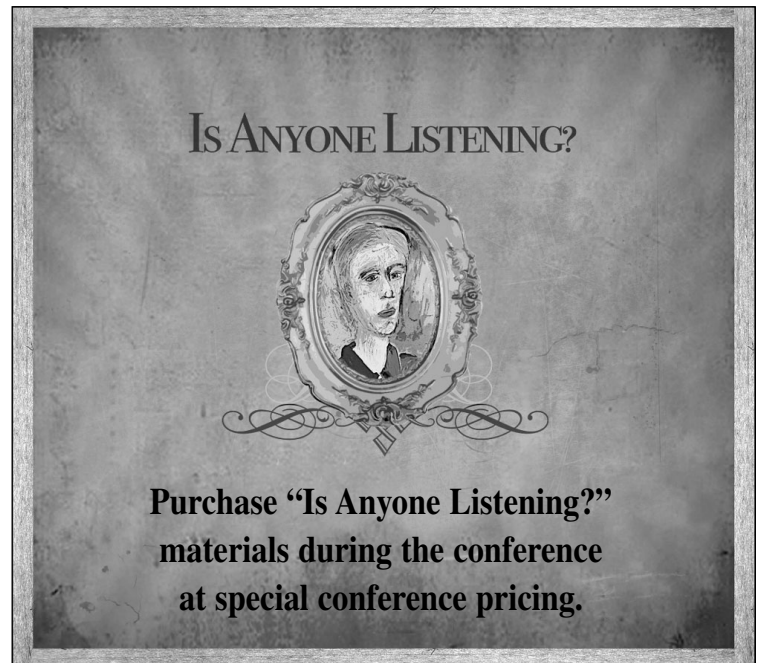
12:30

Youth Talent Showcase

Please join us as the Youth Track participants show us what they were doing during their two days together. We'll have drumming, magic, art, drama, hear the lyrics and songs they created, and hear about their other adventures.

Coming In 2012

We are excited to announce the unveiling of a brand new year long anti-stigma campaign at this year's conference. The campaign entitled: "Is Anyone Listening?" is a partnership between Wisconsin Family Ties, Figureheads and Department of Public Instruction.



Please stay for the prize drawings directly following the Youth Showcase. You must be present to win. This year we will again give away a free registration for the next conference (2012); we will also be giving away many other wonderful prizes. You don't want to miss it!

2011 Children Come First Conference Registration Form

Register online or download form at www.wifamilyties.org.

Adult Registration

Please fill out one registration form per adult. You can copy this form or download forms at www.wifamilyties.org.

Name: _____

Agency: _____

Job Title: _____

Address: _____ Home _____ Work: _____

Phone: (H): _____ (W): _____

Cell: _____

Fax: _____

Email: _____

Youth Registration

Fill out info below to begin registration process for Youth Track (YT) participation.

Register early – space is limited.

You will receive a questionnaire to complete and return upon registering youth.

I am registering one adult and

_____ Kids ages 6 – 12

Name(s): _____

_____ Teens ages 13 - 18

Name(s): _____

Help us determine room size by choosing one workshop from each session below. Note: you are not registering for the workshops just noting your interest.

Thursday, November 17th

Session A Workshops ■ My choice for Session A is: _____

Session B Workshops ■ My choice for Session B is: _____

Session C Workshops ■ My choice for Session C is: _____

Friday, November 18th

Session D Workshops ■ My choice for Session D is: _____

Session E Workshops ■ My choice for Session E is: _____

Children Come First Conference Fees

Adults

Before October 14th \$175 ■ After October 14th \$195

Group Rate: 3 or more attending from the same agency is \$150 per person.

Kids Track

Ages 6 – 12: \$100. Kids will have the opportunity to participate in music-making w/ the Figureheads, drama, art, drumming and more. Meals provided.

Teen Track

Ages 13 – 18: \$100. Teens will participate in experiential, fun, hands-on skill building activities at an offsite camp. Transportation to/from camp and meals provided.

Conference, Youth Track & Other Fees

Conference meals included in price of registration:

Thursday/Friday breakfasts, lunches & breaks

Please check which type of meal you would like:

Standard # of meals _____

Vegetarian # of meals _____

Conference Fee: 1 adult: \$ _____

Kids Track age 6 – 12: \$100 x # of kids \$ _____

Teen Track age 13 – 18: \$100 x # of teens \$ _____

T-Shirt Order:

Youth sizes in green or blue: XS S M L

Specify Size & Color: _____

Adult sizes in brown or blue: S M L XL XXL

Specify Size & Color: _____

We have *Is Anyone Listening?* merchandise for sale at special conference pricing.

Is Anyone Listening CD: \$7/CD x _____ (# of CD's) \$ _____

T-Shirts: \$10/shirt x _____ (# of shirts) \$ _____

Curriculum w/ CD: \$20/ea x _____ (# of curricula) \$ _____

Total Amount Due: \$ _____

For Office Use Only:

Paid By: _____

Check #: _____ PO #: _____

Date Received: _____ Amount Paid: _____



**Children
Come
First**

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